RELATIONSHIP CYCLE

finding someone who shares your relationship fantasy/programming;
"falling in love" with self and other, discovering an unknown self;
feeling of being safe and loved

disappointment and disillusionment lead to hurt;
feelings of fear, shame and anger surface, either at self and/or other for not fulfilling "the dream"...
it's not what you thought or were taught
childhood wounds emerge

recognition that negotiation takes two equal people;
discovery of who both people actually are;
successful collaboration builds trust;

respect and admiration for someone who shares your vision and your everyday reality;
willingness to tackle painful and unresolved differences in a caring way;

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